

## Estrodyne™ Complex

### Hormonal Support For Adult Women\*

Being a woman in your 40s doesn't have to mean hot flashes, mood swings, weight gain and night sweats. Many women suffer from a wide range of uncomfortable, embarrassing, hormone-related "flush" symptoms — such as sweating, blushing, feeling anxious, and going from unbearably hot to freezing cold in what feels like an instant — as they approach menopause. And for some, these symptoms begin as early as their 30s and carry on for years.

But you don't have to be miserable just because your body is changing. Estrodyne™ Complex from Limitless Worldwide™ is a completely soy-free, antioxidant-rich formula that was specifically designed to help reduce the symptoms associated with hot flashes and menopause.\* Its proven oestrogenic properties can help give you relief from the discomfort of menopause-related "flush" symptoms.\*

In fact, the key Estrodyne compound was proven in a randomized, double-blind, placebo-controlled study involving 84 women to reduce not only the severity and length of these vasometer "flush" events, but to significantly reduce the actual number of times they occurred.\*

So stop thinking hot flashes and night sweats are something you just have to deal with. Fight back with Limitless Worldwide's Estrodyne Complex... it just might make you feel like you never hit 40.



### CLINICAL STUDY ON THE KEY FUNCTIONAL COMPLEX SHOWED:



#### FACT

51% reduction in the number of vasomotor "flush" events characterized by transient waves of heat, sensations of blushing, rapid sweating, and increased heart rate, followed by chills, palpitations, metabolism changes, elevated heart rate, and sensations of anxiety.\*

#### FACT

Significant reduction in the length of vasomotor "flush" events, meaning lesser intensity of all of these sensations.\*

#### FACT

Soy-free, ultra-pure compound for help alleviating some of the effects of being a woman over 40.\*



HORMONAL SUPPORT FOR ADULT WOMEN\*

*Science... Beyond Testimonials®*

## Being a Woman over 40

Menopause is a natural process that occurs in women's lives as part of normal aging, a transition during which a woman gradually moves from being reproductive to non-reproductive. The transition has three stages: 1) perimenopause, 2) menopause, and 3) post-menopause.

Perimenopause usually starts in a woman's 40s, but can start in a woman's 30s or even earlier. During this time, many women begin to experience uncomfortable and often embarrassing symptoms including hourly waves of heat, transient daytime sensations of blushing, rapid sweating, increased heart rate, followed by chills, palpitations, metabolism changes, elevated heart rate, and sensations of anxiety. A single episode of these symptoms is often referred to as a vasomotor "flush" event. Furthermore, night-time sweats often disrupt sleep, resulting in fatigue and irritability. Menopause is defined at one year after a woman's last menstrual period, and post-menopause is the time after menopause. Even in the post-menopausal state, many women still experience vasomotor "flush" events. Indeed, while some women experience symptoms for only a few months or years during this entire transition, many suffer for 10, 20, or sometimes more than 30 years without relief.

## Estrodyne™ Complex

Now there is an answer for the discomforts of the menopausal transitions: Estrodyne. The optimized Estrodyne compound is soy-free and has been

shown to significantly reduce the number, length, and intensity of these vasomotor "flush" symptoms in women over 40.\* A 12 week randomized double-blind, placebo controlled study that involved 84 women was carried out to evaluate the efficacy of the Estrodyne compound. The women were between the ages of 40 and 65 years and undergoing natural or surgical menopause. Subjects were randomly assigned to one of two groups, receiving either the key Estrodyne compound or placebo. At baseline and over the course of the 12 week study, the number and severity of vasomotor "flush" events were quantified.

Results showed that the Estrodyne compound reduced the number of events by half compared to placebo (4.7 vs. 7.1, and average 51% reduction) in only 12 weeks, which was significant compared to the placebo reduction ( $p < 0.05$ ). Furthermore, the total duration of symptoms was significantly decreased at 12 weeks compared to placebo. Overall, the number, intensity, and length of vasomotor "flush" events were significantly reduced.\*

## Conclusion

Now there is a dietary supplement designed specifically to help address the hot and cold, the day and night sweats, and the associated anxiety and sleep deprivation caused by vasomotor "flush" events associated with menopause.\* If you are a woman experiencing the vasomotor symptoms of menopause, Estrodyne Complex could make you feel like you never hit 40.

## Estrodyne Complex

**DIRECTIONS FOR USE:** Take one capsule daily with breakfast. Individual results will vary.

**WARNINGS: Do not exceed suggested daily serving.** Do not use if you are pregnant or nursing. Consult your physician prior to use if you are taking blood thinners; or if you have a history of hormonal or gynecological disease, including ovarian cancer, endometriosis, and/or uterine fibroids; or if you have a liver disorder or develop liver-related symptoms; or if you are taking hormone replacement therapy (HRT), including thyroid hormone replacement therapy. Ensure you are up-to-date on mammograms and gynecological evaluations prior to use. Consult a physician if symptoms worsen. Do not use if you currently have or previously had breast cancer and/or breast tumors or if you have a predisposition to breast cancer, as indicated by an abnormal mammogram and/or biopsy, or a have family member with breast cancer. Discontinue use and consult a physician if you experience breast pain, discomfort and/or tenderness, or if you experience a recurrence of menstruation and/or uterine spotting. **Keep out of reach of children. Use only as directed.** If you or your health-care provider have any questions, please call: 1-800-429-4290.

### Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
<b>A Proprietary Blend Containing:</b>	32.25 mg	
5,7-dihydroxy-3-(4-hydroxyphenyl)-4H-1-benzopyran-4-one		†
Damiana ( <i>Turnera diffusa</i> ) (leaf) Extract		†
Asian Ginseng (root) Powder		†
Ashwagandha (root) Extract		†
Black Cohosh (root) Extract		†
Vitex agnus-castus (fruit) Extract		†
Licorice (root) Powder		†
Maca (root) Extract		†
Ginger (root) Powder		†
Avena sativa (straw) Extract		†

† Daily Value not established.

**Other Ingredients:** Microcrystalline Cellulose, Rice Flour, Gelatin, Magnesium Stearate, Stearic Acid, Silicon Dioxide, Titanium Dioxide, FD&C Red #3, FD&C Red #40, FD&C Blue #1.

Manufactured for:  
Limitless Worldwide, LLC  
Salt Lake City, Utah 84116  
Manufactured in the USA.

For additional information on this or other Limitless products, please call our product support department at: 1-800-429-4290.

Product resale allowed only through authorized representatives. International distribution is not authorized without prior written approval.

Store at controlled room temperature: 15° to 30°C / 59° to 86°F

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Estrodyne  
Complex